

ON A MISSION

ANNUAL REPORT 2016-2017

Since 1889, YWCA Lancaster has been pioneering social justice and women’s empowerment—creating opportunities and breaking down barriers to equality. From our child-development programs to our social-justice initiatives and the counseling of victims of sexual violence, our focus is on meeting immediate needs while, at the same time, creating long-term solutions. We are on a mission. These success stories exemplify what we do. We couldn’t do it without your support. *Thank you!*



YWCA Lancaster summer camps are for school-aged children 5 to 12 and offer fun and educational experiences.

GAVIN’S TURNAROUND

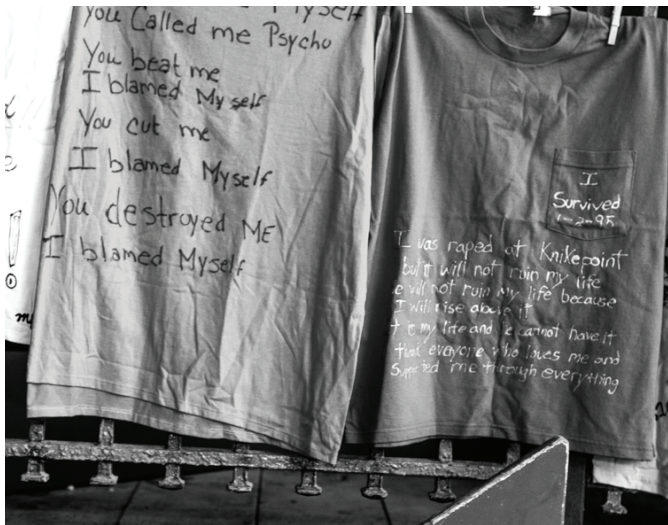
Gavin’s parents enrolled him in our summer camp at Eshleman Elementary School for the summer of 2017. During the first week of camp, the staff brought their concerns about Gavin’s behaviors to the director. The director then spoke with Gavin’s mother to figure out what the staff could do to help Gavin make better choices and have a great summer. It was during that conversation with Gavin’s mother that the director and staff learned of the unhappy experience he had had the previous summer. The staff came up with some suggestions to try to help Gavin make better decisions, and Gavin’s mother agreed that those might help. About two weeks after the initial discussion with Gavin’s mother, the director received an email from the parent, in which she stated that Gavin’s behaviors had drastically changed for the better. Gavin’s mother said that he was loving summer camp and his camp supervisors, and that she was hopeful things would only improve from there. Working together, the camp staff, director, and parent made a difference in Gavin’s life.

JANE’S STORY

Jane began counseling two years ago after the loss of a loved one. When we started meeting, Jane had suppressed all memories of abuse for many years. As the memories began to come back, so did the panic attacks, extreme migraines, night terrors, and repetitive movements, making it impossible for Jane to hold down a full-time job. She was completely dependent on her family to get by day by day. As we worked together, I learned that Jane had suffered violent sexual abuse for most of her childhood. Despite these challenges, Jane has worked tirelessly to change her life. She is now able to take short trips alone, with the aid of a service dog. In addition, her anxiety has decreased, and Jane can balance ongoing symptoms with effective coping skills. At a recent psychiatric appointment, Jane’s doctor noticed her improvement. Jane quickly attributed some of her success to working with her counselor at YWCA Lancaster. She even recommended that her doctor share her positive experience with other patients who may be looking to make some life changes and who want the assistance of a sexual assault counselor.

LIFE OF A TEEN

I have been seeing one particular client, a teenage girl, since I started at YWCA Lancaster. When we first met, she was overwhelmed by trauma and had no coping skills to assist her in processing what had occurred. She attempted suicide three times, was in and out of inpatient facilities, and had no hope that she would gain control of her life. Working with this client required a lot of humility on my end. We meditated mindfully, practiced cognitive restructuring, and drew portraits of feelings in an attempt to better understand them. While she sometimes responded with interest, it felt like every step forward would inevitably bring two steps back. Finding a way to help my client was difficult, but we were both committed. Once I earned her trust, she began to rapidly transform and even smiles now. She has friends and a supportive partner, provides mentorship for other teens struggling with abuse, and wants to become a counselor one day. This work that we do for survivors is not easy, but I can always think of this client and be reminded of the words of Ella Baker:



“I am here, and so are you. And we matter. We can change things.”

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FINANCIAL STATEMENTS

FY2017

Fiscal Year Ending June 30, 2017

REVENUE AND GAINS

Fundraising: Contributions and Events	\$ 323,150
Grants	\$ 1,252,771
Total Public Support	\$ 1,575,921
 Program Fees and Other Earned Revenue	 \$ 2,904,328
 Investment Gains (Losses)	 \$ 162,231
Total Revenue and Public Support	\$ 4,642,480

EXPENSES

Program Services, Management, and Fundraising	\$ 4,368,939
Depreciation	\$ 148,806
Total Expenses	\$ 4,517,745

ASSETS

Net Assets at Beginning of Year	\$ 4,002,579
Net Assets at End of Year	\$ 4,277,858
Increase (Decrease) in Net Assets	\$ 275,279

NOTE: Financial numbers are unaudited.



Join us for the Race Against Racism on April 28, 2017, and race for a reason!

**YWCA IS ON
A MISSION**